



Fall Protection Safety for the Competent

Start Date: 3/28/2025 7:30 AM

End Date: 3/28/2025 4:00 PM

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Fall injuries are routinely ranked in the top 3 injuries reported across the nation. The Fall Protection Safety for the Competent Person course is designed to educate workers about the hazards associated with falls, the OSHA Competent Person requirements for fall protection, fall hazard identification, how to select proper protective systems, and the importance of pre-planning to avoid falls and fall-related injuries.

By the end of this course, participants will be able to:

- Identify common fall hazards
- List the OSHA Competent Person fall protection requirements
- State three methods to avoid falls
- Identify proper protective equipment markings

Target Audience: Any worker acting as the Competent Person on the jobsite, those performing safety and health evaluations or training, site supervisors, owners, and those interested in learning about Fall Protection Safety.

Language: This course is taught in English. It is also offered in Spanish. For Spanish language date availability, please see - Fall Protection Safety for the Competent Person Spanish

Prerequisites : None

Course Length: 8 hours

Format: Lecture, Discussion, Audio/Visual

Exam(s) : Written

Documentation: Reference Book, Photo ID Card

Card Renewal : 4 years