

OSHA 10 Hour for Construction Safety

Start Date: 1/22/2024 7:30 AM

End Date: 1/23/2024 1:00 PM



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The OSHA 10-Hour Construction Safety and Health course is designed to provide entry level construction workers with overview information regarding OSHA, including workers' rights, employer responsibilities, and how to file a complaint. It also provides an overview of hazards a worker may encounter on a job site. OSHA 10 Hr is a 'Hazards' course, with training emphasizing hazard identification, avoidance, control and prevention, rather than OSHA standards.

This course is taught by OSHA-authorized instructors.

By the end of this course, participants will be able to:

- State work rights
- Identify common worksite hazards
- Contact OSHA to file a complaint

This course is offered in both English and Spanish.

Target Audience : Entry level construction workers

Prerequisites : None

Minimum Class Size : 3

Maximum Class Size : 40

Course Length : 10 hours (two 5.5-hour days)

Format : Lecture, Discussion, Audio/Visual

Exam(s) : none

Documentation : OSHA 10-hour Construction Safety and Health Card