American Heart Association First

Start Date: 12/4/2018 7:30 AM

End Date: 12/4/2018 1:00 PM



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COVID MODIFICATIONS:
Per American Heart Assocationguidelines, students may demonstrate compressions and explain when/where/how breathing is to be performed. Upon successful performance/explanation, AHA cards will be issued. If you have any questions, please contact our Manager of Programming and Marketingat 708-449-8604.

The Heartsaver First Aid with CPR and AED Training Course is a small-group, hands-on course designed to teach you to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical services personnel arrive. The course provides a complete health and safety solution for First Aid, Adult CPR and AED. The First Aid component of this course prepares students to recognize and react to common situations such as low blood sugar, bleeding, broken bones and sprains, seizures, strokes, insect bites and stings, and temperature related injuries.The CPR and AED component of this course prepares students to recognize the signs of sudden cardiac arrest, when to activate the EMS system, and how to perform CPR. Students will become familiar with an Automatic Electronic Defibulator (AED) and how to successfully operate an AED in an emergency.

By the end of this course, participants will be able to:

Perform manual CPR
Administer the use of an AED machine
Administer first aid techniques
Recognize signs of emergency in adults